

# A Time to Talk

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A Jewish Community Conversation about  
Advance Care Planning

## Community Resource Guide

The Jewish Federation of Fort Worth & Tarrant County  
Beth-El Congregation  
Congregation Ahavath Sholom  
Congregation Beth Israel  
Congregation Beth Shalom

Revised August 25, 2015



The Jewish Federation  
OF FORT WORTH & TARRANT COUNTY



Beth-El  
Congregation



Congregation  
Ahavath Sholom



Congregation  
Beth Israel  
COLLEYVILLE, TEXAS

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**Advance Care Planning Committee of Fort Worth & Tarrant County**

Cantor Sheri Allen, Chair | P 817.229.5140 | [cantorsheri@gmail.com](mailto:cantorsheri@gmail.com)

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*Made possible by a grant from the Jewish Federation of Fort Worth & Tarrant County  
and support from our sponsors*

## **Sponsors**

Colonial Gardens Memory Care Communities

Community Hospice of Texas

HealthSouth Rehabilitation Hospitals

North Texas Specialty Physicians

Pearle Vision

Robertson Mueller Harper Funeral Directors

Telschow Johnson Law PLLC

Texas Health Harris Methodist Hospital Senior Health & Wellness Center

Trinity Terrance Retirement Community

Universal Health Services

Vitas Healthcare

Sue Wallace, Certified Senior Advisor

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## Synagogues

### **Beth-El Congregation (Reform)**

4900 Briarhaven Road  
Fort Worth, TX 76109  
Telephone: 817-332-7141  
Ralph Mecklenburger, Rabbi  
Jordan Ottenstein, Assistant Rabbi  
Website: [www.bethelfw.org/](http://www.bethelfw.org/)

### **Chabad of Arlington (Orthodox)**

1861 Brown Boulevard #213  
Arlington, TX 76006  
Telephone: 817-451-1171  
Levi Gurevitch, Rabbi  
Website: [www.arlingtonchabad.org/](http://www.arlingtonchabad.org/)

### **Chabad Lubavitch of Fort Worth and Tarrant County (Orthodox)**

5659 Woodway Drive  
Fort Worth, TX 76133  
Telephone: 817-263-7701  
Dov Mandel, Rabbi  
Website: [www.chabadfortworth.com/](http://www.chabadfortworth.com/)

### **Congregation Ahavath Sholom (Conservative)**

4050 Hulen Street  
Fort Worth, TX 76109  
Telephone: 817-731-4724  
Andrew D. Bloom, Rabbi  
Website: <http://ahavathsholom.org/>

### **Congregation Beth Israel (Reform)**

6100 Pleasant Run Road  
Colleyville, TX 76034  
Telephone: 817-581-5500  
Charlie Cytron-Walker, Rabbi  
Website: [www.congregationbethisrael.org/](http://www.congregationbethisrael.org/)

### **Congregation Beth Shalom (Reform)**

1212 Thannisch Drive  
Arlington, TX 76011  
Telephone: 817-860-5448  
Sheri Allen, Cantor  
Website: <http://bethshalom.org/>

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## Local Jewish Organizations

### **B'nai B'rith, Isadore Garsek Lodge #269**

P.O. Box 101234  
Fort Worth, TX 76185  
Email: [alexnason@charter.net](mailto:alexnason@charter.net)  
Alex Nason, President

### **Hadassah, Fort Worth Chapter**

Telephone: 817-346-2944  
Telephone: 817-706-5158  
Email: [rice.debby@gmail.com](mailto:rice.debby@gmail.com)  
Debby Rice, President

### **Jewish Federation of Fort Worth & Tarrant County**

4049 Kingsridge Road  
Fort Worth, TX 76109  
Telephone: 817-569-0892  
Email: [jfed@tarrantfederation.org](mailto:jfed@tarrantfederation.org)  
Bob Goldberg, Executive Director  
Website: [www.tarrantfederation.org/](http://www.tarrantfederation.org/)

### **Jewish War Veterans, Martin Hochster JWV Post #755**

Telephone: 817-715-9925  
Email: [peterclaytonlevy@aol.com](mailto:peterclaytonlevy@aol.com)  
Peter C. Levy, Post Commander

### **Jewish Women International, Simcha Chapter**

Peggy Louis, Co President  
Telephone: 817-346-7878  
Cookie Kaftan, Co President  
Telephone: 817-244-3632  
Email: [garykaftan@gmail.com](mailto:garykaftan@gmail.com)  
Phyllis Gordon Co President  
Telephone: 817-386-9460  
Email: [pgordo2@aol.com](mailto:pgordo2@aol.com)

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## Jewish Social Services

### **Jewish Family Services of Fort Worth & Tarrant County**

4049 Kingsridge Road  
Fort Worth, TX 76109  
Telephone: 817-569-0898  
Email: [jfsftw@flash.net](mailto:jfsftw@flash.net)  
Dr. Carole Rogers, Director  
Hedy Collins, CSA, Senior Program Director

### **Tarrant County Hebrew Free Loan Association**

P.O. Box TCHFLA  
4750 Bryant Irvin Road, Suite 808, PMB #206  
Fort Worth, TX 76132  
Email: [tchfla@yahoo.com](mailto:tchfla@yahoo.com)  
David Bekerman, President  
Website: [www.tchfla.org](http://www.tchfla.org)

## Burial Societies

### **Chevre Kadisha of Fort Worth**

Congregation Ahavath Shalom  
Glenn Garoon, Co-chair  
Telephone: 817-229-4224  
Email: [ggaroon@gmail.com](mailto:ggaroon@gmail.com)  
Debbie Rice, Co-chair  
Telephone: 817-706-5158  
Email: [rice.debby@gmail.com](mailto:rice.debby@gmail.com)

### **Chevre Kadisha of Congregation Beth Shalom**

Paul Solomon, Co-Chair  
Telephone: 682-365-2209  
Email: [1945psolo@gmail.com](mailto:1945psolo@gmail.com)  
Janet Aaronson, Co-Chair  
Telephone: 817-919-8514  
Email: [janet@theaaronsons.com](mailto:janet@theaaronsons.com)

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## Attorneys Specializing in Elder Care

### **John Greuner**

Board Certified Estate Planning and Probate Law  
Specializing in Elder Care Law  
1450 Hughes Road, Suite 215  
Grapevine, TX 76051  
Telephone: 817-329-1155  
Email: [jgreuner@estates-trusts.com](mailto:jgreuner@estates-trusts.com)  
Website: [www.estates-trusts.com/](http://www.estates-trusts.com/)

### **Kelcie A. Hibbs**

Practice areas: Probate, Guardianship and Trust  
Litigation,  
Estate Planning and Probate  
Firm: Loe, Warren, Rosenfield, Kaitcer, Hibbs,  
Windsor & Lawrence  
4420 West Vickery Boulevard  
P.O. Box 100609  
Fort Worth, TX 76185-0609  
Telephone: 817-377-0060  
Email: [khibbs@loewarren.com](mailto:khibbs@loewarren.com)

### **Karen Telschow Johnson, J.D.**

Specializing in Asset Protection through  
Estate Planning and Elder Law  
Firm: Telschow Johnson Law, PLLC  
4200 South Hulen Street, Suite 670  
Fort Worth, TX 76109  
Telephone: 817-632-7711  
Email: [karen@tjlawpllc.com](mailto:karen@tjlawpllc.com)  
Website: [www.tjlawpllc.com](http://www.tjlawpllc.com)

### **Steven E. Katten, Attorney at Law**

Board Certified Estate Planning & Probate  
Texas Board of Legal Specialization  
Firm: Katten & Benson  
4763 Barwick Drive, Suite 100  
Fort Worth, TX 76132  
Telephone: 817-263-5190  
Email: [skatten@kattenbenson.com](mailto:skatten@kattenbenson.com)  
Website: [www.kattenbenson.com/](http://www.kattenbenson.com/)

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## Hospice

### **Community Hospice of Texas**

6100 Western Place Suite 105  
Fort Worth, TX 76107  
Telephone: 817-870-2795  
Website: [www.chot.org](http://www.chot.org)

### **Heart to Heart Hospice**

5608 Malvey Avenue, Suite 301  
Fort Worth, TX 76107  
Telephone: 817-731-9700  
Website: [www.hearttohearthospice.com](http://www.hearttohearthospice.com)

### **Universal Health Services/Hospice and Palliative Care**

1208 Country Club Lane  
Fort Worth, TX 76112  
Telephone: 817-451-1404  
Website: [www.wallsuniversal.com](http://www.wallsuniversal.com)

### **VITAS Healthcare**

6100 Western Place  
Tower 1, Suite 800  
Fort Worth, TX 76107  
Telephone: 817-870-7070  
Website: [www.vitas.com/tx/dallas-fort-worth-hospice](http://www.vitas.com/tx/dallas-fort-worth-hospice)

## Funeral Homes/Services

### **Moore Bowen Road Funeral Home**

4216 South Bowen Road  
Arlington, TX 76016  
Telephone: 817-468-8111  
Audrey Mitchell, Pre-Planning Advisor  
Telephone: 817-235-5356  
Website: [www.dignitymemorial.com/moore-bowen-road-funeral-home/en-us/index.page](http://www.dignitymemorial.com/moore-bowen-road-funeral-home/en-us/index.page)

### **Moore Funeral Home and Cemetery**

1219 North Davis Drive  
Arlington, TX 76012  
Telephone: 817-275-2711  
Website: [www.dignitymemorial.com/moore-funeral-home/en-us/index.page](http://www.dignitymemorial.com/moore-funeral-home/en-us/index.page)

### **Robertson Mueller Harper Funeral Directors**

1500 Eighth Avenue  
Fort Worth, TX 76104  
Telephone: 817-924-4233  
Email: [rmh@familyowned.net](mailto:rmh@familyowned.net)  
E.C. "Trey" Harper III, Managing Director  
Website: [www.robertsonmuellerharper.com/](http://www.robertsonmuellerharper.com/)



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## Elder Care/Caregiver Support

*Independent & Assisted Living, Skilled Nursing, and Memory Care Communities*

### **Brookdale Broadway Cityview**

5301 Bryant Irvin Road  
Ft. Worth, TX 76132  
Telephone: 817-385-9990  
Website: [www.brookdale.com/communities/broadway-plaza/](http://www.brookdale.com/communities/broadway-plaza/)

### **Colonial Gardens Memory Care Communities**

6931 River Park Circle  
Fort Worth, TX 76116  
Telephone: 817-901-5566  
Arlene Y. Hunsworth-Fox, Community Relations Director  
Website: [www.cgtexas.com](http://www.cgtexas.com)

### **Legacy at Bear Creek**

200 Keller Smithfield Road South  
Keller, TX 76248  
Telephone: 817-993-0757  
Karen Clark, Community Relations Director  
Website: <http://legacyatbearcreek.com/>

### **Garden Terrace of Fort Worth:**

**Alzheimer's Center of Excellence**  
7500 Oakmont Boulevard  
Fort Worth, TX 76132  
Telephone: 817-346-8080  
Okechukwu Anagbor, Executive Director  
Website: <http://gardenterraceoffortworth.com/>

### **Trinity Terrace Retirement Community**

Sales & Marketing Office  
1600 Texas Street  
Fort Worth, TX 76102  
Telephone: 817-338-2423  
Email: [trinity@retirement.org](mailto:trinity@retirement.org)  
Website: [www.retirement.org/trinity](http://www.retirement.org/trinity)

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## Rehabilitation Facilities

### **Fort Worth Center of Rehabilitation**

850 12<sup>th</sup> Avenue  
Fort Worth, TX 76104  
Telephone: 817-882-8289  
Website: [www.genesishcc.com/fortworth](http://www.genesishcc.com/fortworth)

### **HealthSouth CityView Rehabilitation Hospital**

6701 Oakmont Boulevard  
Fort Worth, TX 76132  
Telephone: 817-370-4700  
Website: [www.healthsouthcityview.com/](http://www.healthsouthcityview.com/)

### **HealthSouth Rehabilitation Hospital of Arlington**

3200 Matlock Road  
Arlington, TX 76015  
Telephone: 817-419-4219  
Website: [www.healthsoutharlington.com/](http://www.healthsoutharlington.com/)

### **HealthSouth Rehabilitation Hospital of Fort Worth**

1212 West Lancaster Avenue  
Fort Worth, TX 76102  
Telephone: 817-370-4760  
Website: [healthsouthfortworth.com/](http://healthsouthfortworth.com/)

### **LifeCare Hospitals of Fort Worth**

6201 Overton Ridge Boulevard  
Fort Worth, TX 76132  
Telephone: 817-370-6078  
Sunny Drenik-Jaryga, Administrator  
Website: [www.lifecare-hospitals.com/hospital/ftworth](http://www.lifecare-hospitals.com/hospital/ftworth)

### **Southwest Nursing and Rehabilitation Center**

5300 Altamesa Boulevard  
Fort Worth, TX 73133  
Telephone: 817-346-1800  
Website: [www.swnrftw.com/](http://www.swnrftw.com/)

### **Trail Lake Nursing and Rehab**

7100 Trail Lake Drive  
Fort Worth, TX 76123  
Telephone: 817-263-2224  
Website: <http://trailakenursing.com/>

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## Home Health and Caretakers

### **Agape Home Healthcare**

18770 LBJ Freeway, Suite 200  
Mesquite, TX 75150  
Home Health Telephone: 972-681-2247  
Hospice Telephone: 972-279-1000  
Long Term Care Telephone: 972-681-8420  
Website: [www.agapehomehealth.com](http://www.agapehomehealth.com)

### **Comfort Keepers**

8205 Camp Bowie West, Suite 216  
Fort Worth, TX 76116  
Telephone: 817-560-8085  
Website: <http://fortworth-607.comfortkeepers.com/>

### **Professional Caretakers**

6050 Harris Parkway  
Fort Worth, TX 76132  
Telephone: 877-921-9500  
Website: <http://professionalcaretakers.com/about-us/>

## Other Resources for the Elderly

### **Area Agency on Aging of Tarrant County (AAATC)**

1500 North Main Street, Suite 200  
P.O. Box 4448  
Fort Worth, TX 76164-0448  
Telephone: 817-258-8081  
Don Smith, Director  
Website: [www.unitedwaytarrant.org/aaa](http://www.unitedwaytarrant.org/aaa)

### **Meals on Wheels, Inc. of Tarrant County**

320 South Freeway  
Fort Worth, TX 76104-3525  
Telephone: 817-336-0912  
Website: <http://mealsonwheels.org/>

### **Metroport Meals on Wheels**

PO Box 204, 428 North Highway 377  
Roanoke, TX 76262  
Telephone: 817-491-1141  
Website: [www.metroportmow.org/](http://www.metroportmow.org/)

### **Pearle Vision**

309 South Oakland Boulevard  
Fort Worth, TX 76103  
Telephone: 817-534-4700  
Alex Nason, Owner  
Website: <http://stores.pearlevision.com/21037774/Ft-Worth-TX-S-Oakland-Blvd/>

### **Texas Health Harris Methodist Hospital Fort Worth Senior Health and Wellness Center**

1275 West Terrell  
Fort Worth, TX 76104  
Telephone: 817-250-5710  
Website: <http://texashealth.org/FWSeniorHealth>

### **Sue Wallace, Certified Senior Advisor**

2701 West Berry Street, Suite 157  
Fort Worth, TX 76109  
Telephone: 817-371-9640  
Website: [www.suewallace.info/](http://www.suewallace.info/)

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## Guides

### **AgingCare.com**

Online caregiver forum and care directory

Website: [www.agingcare.com/](http://www.agingcare.com/)

### **Aging Life Care Association**

(Formerly National Association of Professional Geriatric Care Managers) Online directory search for aging life care experts by location and certification level.

Website: [www.aginglifecare.org/](http://www.aginglifecare.org/)

### **Caring.com**

Senior Care Directory offers online information and referrals. For profit, supported by advertising and directory services.

Website: [www.caring.com/](http://www.caring.com/)

### **Elder Care Handbook: Tarrant County Bar Association**

Topics include personal finances, health planning, planning end of life, and service directory.

Handbook:

[www.tarrantbar.org/UserFiles/files/sixth%20edition.pdf](http://www.tarrantbar.org/UserFiles/files/sixth%20edition.pdf)

### **Fort Worth Seniors' Guide (mailed to 75,000 homes in Tarrant County)**

Fort Worth area resources for seniors and their families

Website: [www.seniorguide.net/fort-worth/](http://www.seniorguide.net/fort-worth/)

### **Jewish Sacred Aging: Rabbi Richard Address**

A forum for the Jewish community with resources and texts featuring discussions on the implications of the revolution in longevity for Baby Boomers and their families. Boomer radio, blog, articles, and reflections.

Website: [www.jewishsacredaging.com/](http://www.jewishsacredaging.com/)

### **New Lifestyles: The Source for Senior Living**

Information on senior residences and care options. Directory of state licensed senior communities, home health and hospice agencies nationwide, plus other non-licensed communities and senior products and services.

Website: [www.newlifestyles.com/](http://www.newlifestyles.com/)

### **North Texas Respecting Choices**

Resources to help guide you through the entire process of end of life planning, from starting a conversation with your family to formally documenting your decisions.

Website: [www.northtexasrespectingchoices.com](http://www.northtexasrespectingchoices.com)

### **A Place for Mom: Senior Living Referral Service**

Resources for senior housing, assisted living, memory care, etc. For-profit, commissioned.

Website: [www.aplaceformom.com](http://www.aplaceformom.com)

### **Texas Department of Aging and Disability Services**

Website: [www.dads.state.tx.us](http://www.dads.state.tx.us)

### **Disclaimer:**

*Listing in this resource guide does not constitute an endorsement or referral by the Advance Care Planning Committee, nor does the Advance Care Planning Committee screen or evaluate those listed. Users of this resource book should determine for themselves the qualifications of any care manager prior to utilizing his/her services. The Advance Care Planning Committee is not responsible for the acts or omissions of any care manager.*

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## Suggested Reading

### Advance Care Planning

[\*Behoref Hayamim: In the Winter of Life: A Values-Based Jewish Guide for Decision-Making at the End of Life\*](#)

Reconstructionist Rabbinical College, Center for Jewish Ethics

[\*Choices at the End of Life: Finding Out What Your Parents Want before It's Too Late\*](#)

Linda Norlander, RN, MS, and Kerstin McSteen, RN, MS

[\*Ethical Wills and How to Prepare Them: A Guide to Sharing Your Values from Generation to Generation\*](#)

Edited by Rabbi Jack Riemer and Dr. Nathaniel Stampfer

[\*Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patient with a Life-Threatening Illness\*](#)

Hank Dunn

[\*Matters of Life and Death: A Jewish Approach to Modern Medical Ethics\*](#)

Elliot N. Dorff

[\*A Time to Prepare\*](#)

Edited by Rabbi Richard Address and the Department of Jewish Family Concerns

### Caregiver Support

[\*Another Country: Navigating the Emotional Terrain of our Elders\*](#)

Mary Pipher, Ph.D.

[\*Can't We Talk about Something More Pleasant? A Memoir\*](#)

Roz Chast

[\*Caring and Coping when Your Loved One is Seriously Ill\*](#)

Earl A. Grollman

[\*Family Caring for Family: Navigating the landscape of caring for your elderly loved one; and thriving along the way\*](#) (ebook)

AgingCare.com

[\*That You May Live Long: Caring for Our Aging Parents, Caring for Ourselves: Jewish Perspectives on Caregiving\*](#)

Edited by Rabbi Richard F. Address and Hara E. Person

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## Illness

[\*The Anatomy of Hope: How People Prevail in the Face of Illness\*](#)

Jerome Groopman, M.D.

[\*Coping with Adversity: Judaism's Response to Illness and Other Life Struggles\*](#)

Joel A. Roffman, M.D., and Rabbi Gordon A. Fuller

[\*Healing of Soul, Healing of Body: Spiritual Leaders Unfold the Strength and Solace in Psalms\*](#)

Edited by Rabbi Simkha Y. Weintraub, CSW

[\*Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief\*](#)

Pauline Boss, Ph.D.

## Death and Mourning

[\*The Eleventh Hour: A Caring Guideline for the Hours to Minutes before Death\*](#)

Barbara Karnes, R.N.

[\*Jewish Insights on Death and Mourning\*](#)

Edited by Jack Riemer

[\*The Jewish Way in Death and Mourning\*](#)

Maurice Lamm

[\*Making Loss Matter: Creating Meaning in Difficult Times\*](#)

Rabbi David J. Wolpe

[\*Mourning & Mitzvah: A Guided Journal for Walking the Mourner's Path Through Grief to Healing, with over 60 guided exercises\*](#)

Rabbi Anne Brener, LCSW

[\*Saying Kaddish: How to Comfort the Dying, Bury the Dead, and Mourn as a Jew\*](#)

Anita Diamant

[\*A Time To Mourn, a Time to Comfort: A Guide to Jewish Bereavement \(The Art of Jewish Living\)\*](#)

Dr. Ron Wolfson

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## Loss of a Child

[\*The Bereaved Parent\*](#)

Harriet Sarnoff Schiff

[\*Tears of Sorrow, Seeds of Hope:  
A Jewish Spiritual Companion for Infertility  
and Pregnancy Loss\*](#)

Rabbi Nina Beth Cardin

[\*When the Bough Breaks: Forever after  
the Death of a Son or Daughter\*](#)

Dr. Judith R. Bernstein, Ph.D.

## Children Dealing with Death (for children and about children)

[\*A Candle for Grandpa: A Guide to the Jewish  
Funeral for Children and Parents\*](#)

David Techner and Judith Hirt-Manheimer,  
Illustrated by Joel Iskovitz

[\*How It Feels When a Parent Dies\*](#)

Jill Krementz

[\*Straight Talk about Death for Teenagers:  
How to Cope with Losing Someone you Love\*](#)

Earl A. Grollman

## Prayer and Healing

[\*Mishkah R'fuah: Where Healing Resides\*](#)

Central Conference of American Rabbis, Rabbi Eric Weiss, editor; Rabbi Shira Stern, D.Min., BCC, consulting editor

[\*Talking to God: Personal Prayers for Times of  
Joy, Sadness, Struggle, and Celebration\*](#)

Rabbi Naomi Levy

[\*To Begin Again: The Journey Toward Comfort,  
Strength, and Faith in Difficult Times\*](#)

Rabbi Naomi Levy

## Theology of Death and the Afterlife

[\*The Death of Death: Resurrection and Immortality  
in Jewish Thought\*](#)

Neil Gillman

[\*Does the Soul Survive? A Jewish Journey to  
Belief in Afterlife, Past Lives & Living with  
Purpose\*](#)

Rabbi Elie Kaplan Spitz

[\*What Happens After I Die? Jewish Views of Life  
After Death\*](#)

Rifat Sonsino and Daniel B. Syme